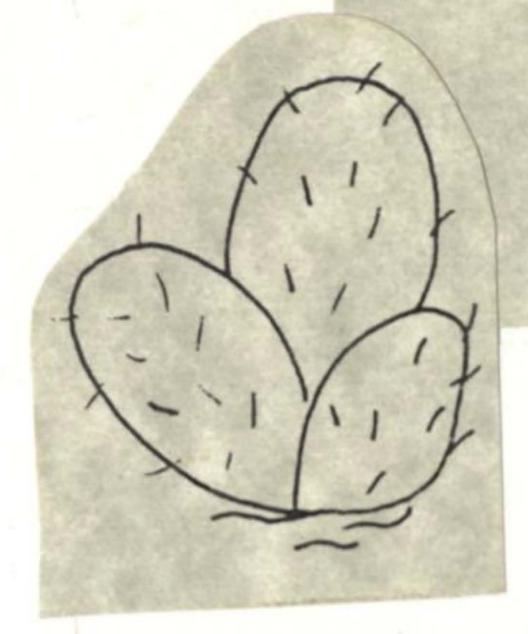




## The Kingswille Garden Club



### Kingsville, Texas

### KINGSVILLE GARDEN CLUB STANDING COMMITTEES 1999 - 2000

\*Joan Nuesch Melinda Clement Mattie Gaston Wilma Smith

\*Judy Anthony
Sheila Harris
Ellen Risken

\*Fran Hegwood Audrey DeRouen Dorothy Smyer

\*Sigrid Compton Eddy Cisneros Lorell Ryan

\*Polly Davis
Mary Margaret Ewert

HORTICULTURE AND YARD-OF-THE-MONTH
\*Ricki Cunningham
George Henkel
Anna Marie Hope

\*Betty Eshom
Illa Clement
Miriam Lemmons

\*Vivian Sheffey Shirley Jones Pat Kirby

\*Maggie Fugitt
Linda Hamilton
Barbara Kelley
Pat Lemmons

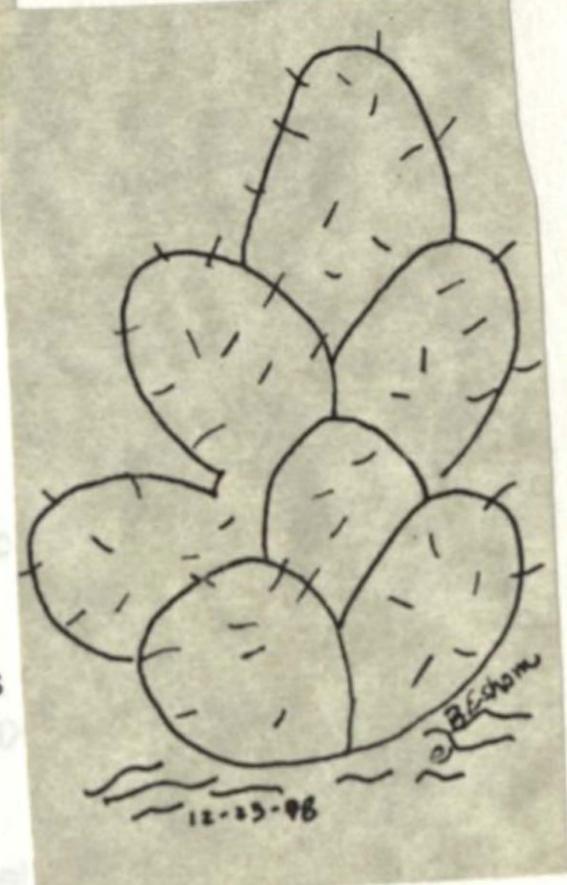
\*Susan Webb Susan Aregood Helen Mar Laykasek

\*Beth Baker Goldia Hubert Fay Robins

\*Henny Rhoad Helen McFarland

\*Ann Purcell Maggie Fugitt Jean Meyer

President	Mrs. George Meyer
President	Mrs. Jim Fugitt
Vice-President	Mrs Patrick Hamilton
Secretary	Mars Phil V Compton
Treasurer	IVII'S. PIIII V. Compton
Historian	Mrs. Stephen Davis
Parliamentarian	Mrs. Mark Purcell



# "JUST-4-FUN"

# Kleberg Park "Make a Difference Day" October 23, 1999

The following groups have committed to projects for the renovation of Dick Kleberg Park,. Has your Business or Non-Profit organization or family signed up yet?

FOR MORE INFO OR TO VOLUNTEER CALL PARK OFFICE AT 595-8591

Kleberg Kenedy County Extension Office -Organizational Support

Rotary Club of Kingsville - Wildflower Meadow on Business 77

Kleberg Kenedy County 4-H Rough Riders -Wildflowers at Bypass 77

Kleberg/Kenedy County 4-H - Coliseum Cleanup
Americorp/ South Texas Youth Development Painting

NAS Kingsville - Seabees - Roller Hockey Court El Sol - Bird Garden

Kraatz Nursery - Bird Garden at Recreation Center Courtyard

Kleberg/Kenedy County Junior Livestock Show Association, Kleberg County Mounted Patrol, Kleberg County Sheriff's Dept.- Outdoor Rodeo Arena

Wagon Wheel Farms & Lambda Chi Alpha Fraternity - Bar-B-Que Building Renovation Delta Sigma Pi - Paint Picnic Tables and Assist with new playground equipment

Brush Country Girls Softball - Memorial Softball Complex

American Little League - Baseball Field
Maintenance and New Press Box at Field #4
Kingsville/Kleberg County Umpires Association/
Adult Softball League - Adult Softball
Complex

TAMUK Geography/Geology Society - Painting KISD Student Council -Painting

St. Paul Steppers - Paint & Landscape Signs
Straight Edge Landscape Nursery - Crepe Myrtles
along Escondido Road

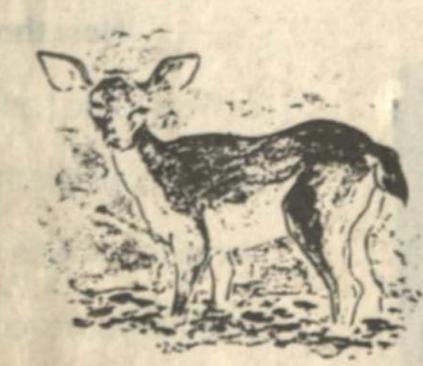
K.I.S.D. Business Professionals of America - Painting
TAMUK - Collegiate FFA & Aggie Club - Replace
& Repair Poles at BBQ Building - Manuel
Presbyterian Pan American School - Painting

Christus Spohn Hospital - Providing Sandwiches & First Aid Station

Entex - Assisting with Adult Softball Complex TAMUK - Chemical Society Zeta Phi Omega - Painting Kingsville Garden Club - Bird Garden

#### **Individual Volunteers**

Veronica Moreno Rachel Moreno Jena Velasquez



These following businesses will be donating or loaning equipment to the MAKE A DIFFERENCE DAY project. Lots of supplies and other assistance are still needed please call if you can contribute.

Sherwin Williams • Interstate Rental



Be a "Dear" - "Volunteer"

A Kleberg County Park/Kleberg/Kenedy County Extension Project











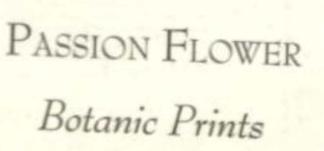












Sex sex sex sex sex sex sex sex

Place - Barbara Heller

Hosterson - Callen Praces

Glad Praces - Callen Praces

Waspane - Waspane Hard March - Callen Callen Callen Praces

Sora alan Callen Paral Paral Callen Callen Callen





ST. VALERY CARROT















### November 10, 1999

Place......Pat Lemmons

Hostesses:

Maggie Fugitt Fran Hegwood Ann Purcell Dorothy Smyer

Hostesses:

Program:

"One for All Seasons" Mary Robertson



























December 8 redmass of trade of the sale of

December 8, 1999 at Goldia Herbert's Home

Wrap a gift that you bought new or something someone gave to you

It can be a friendly tease or one that is quite sure to please

This is what we have in mind a garden theme for what you find

Pretty paper and a bow will hide it so no one will know

Come and join us in the fun with a surprise for everyone

Note: The gift can be something to use in the garden or it can be anything that reminds you of a garden.









































3006, Almographene

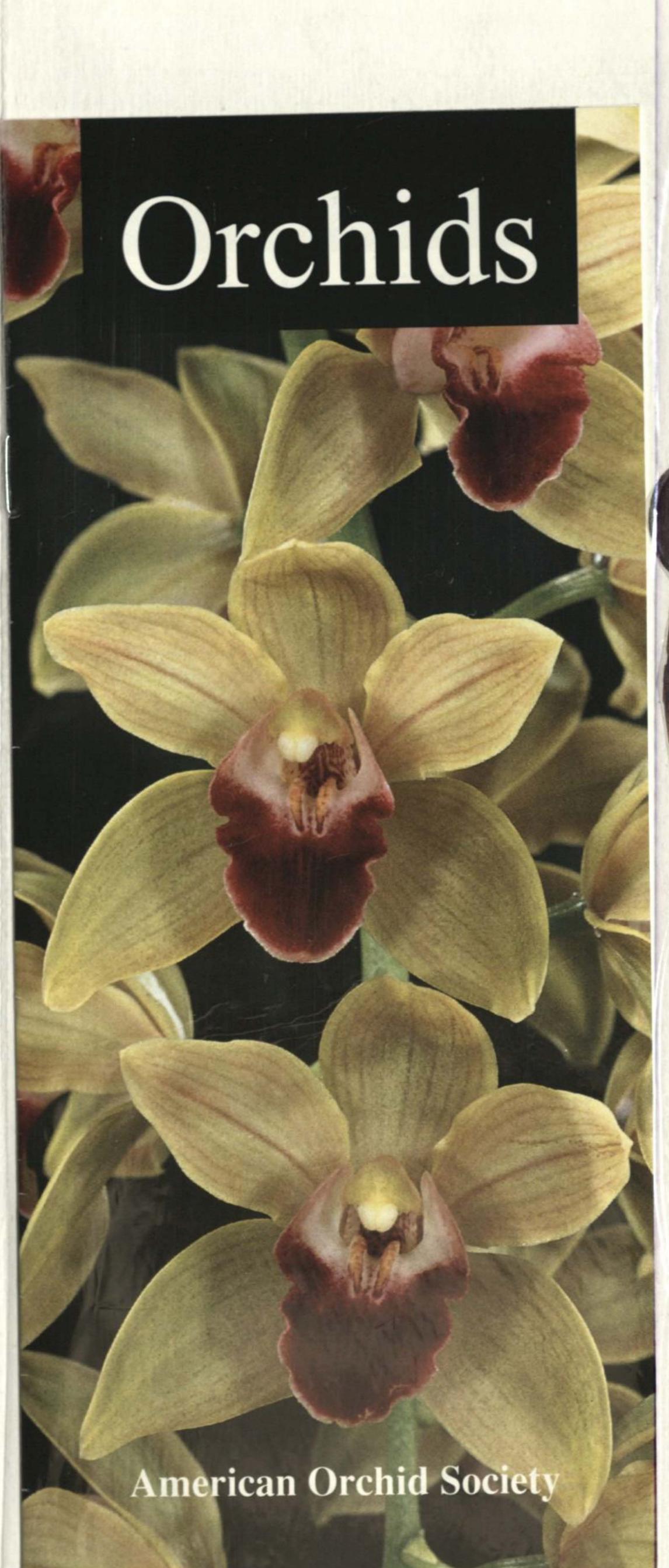
Program:

"Orchids" Sam Jones Embellished Box Lunch





PRIMER Oncidium **Phalaenopsis** Orchid Mania Breathtaking. Gorgeous. Alluring. Extraordinary. Who can resist orchids for very long? Give in gladly. No flower is more outrageously, perfectly beautiful.





Container cues: Use plastic or clay pots, wooden slatted baskets or wire scrims. Notice that the clay pots designed for orchids have holes on the sides for faster drainage, especially vital to Dendrobium and Cattleya, which may suffer root problems if their mixes are overly moist for too long. The open spacing of wire scrims and slatted baskets allows for good air circulation; either can be lined with moss.





### Note:

The South Texas Orchid Society sponsors a NOVICE CLASS which is held monthly, on the FIRST THURSDAY, at the Botanical Garden. These sessions are held in the conference room, beginning at 6:30 P.M., and last about one, to one & half hours. These instructional sessions have a duration of approximately 14 months and are FREE; however, it is postulated that you reciprocate by submitting your membership within two months. Moreover, from a learning standpoint, you can join the class at anytime because our learning process is retroactive.



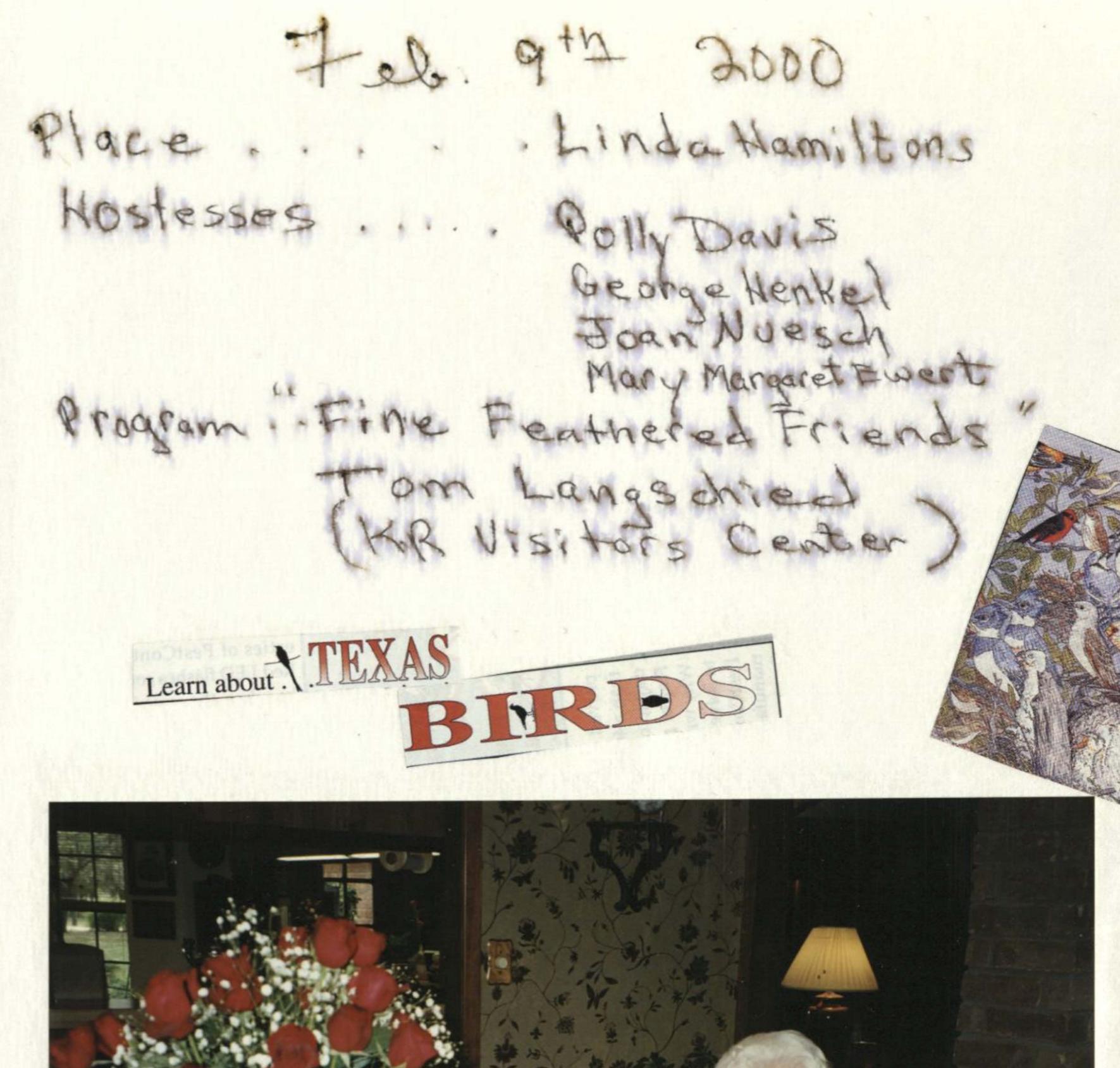








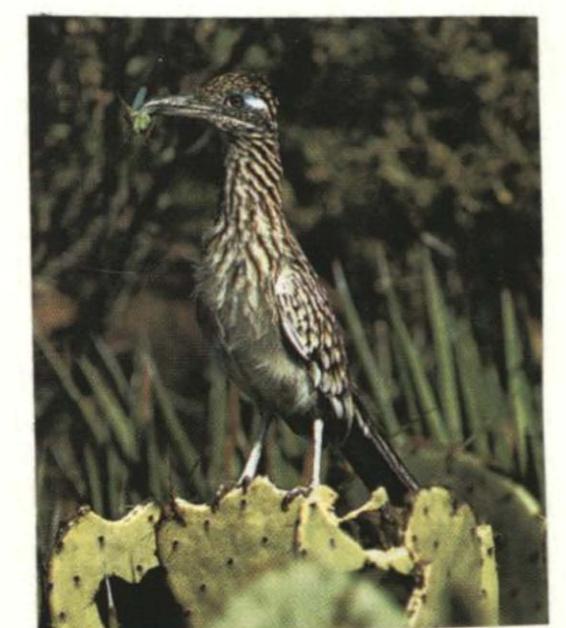






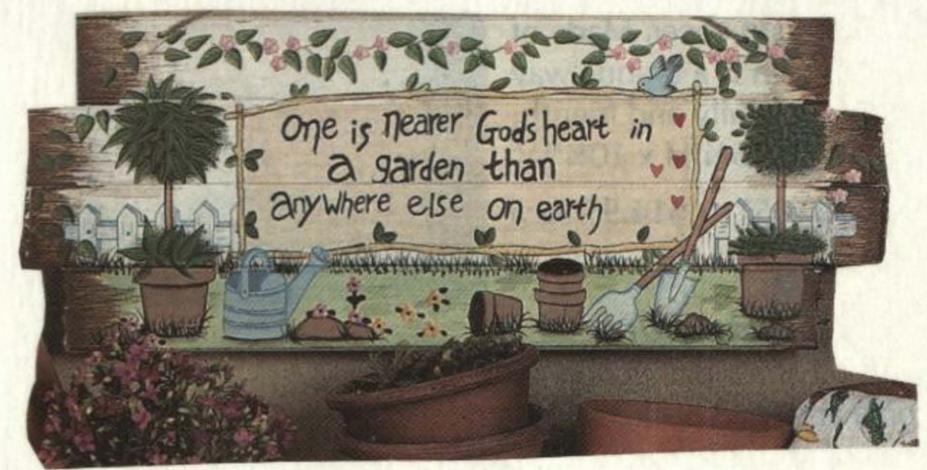






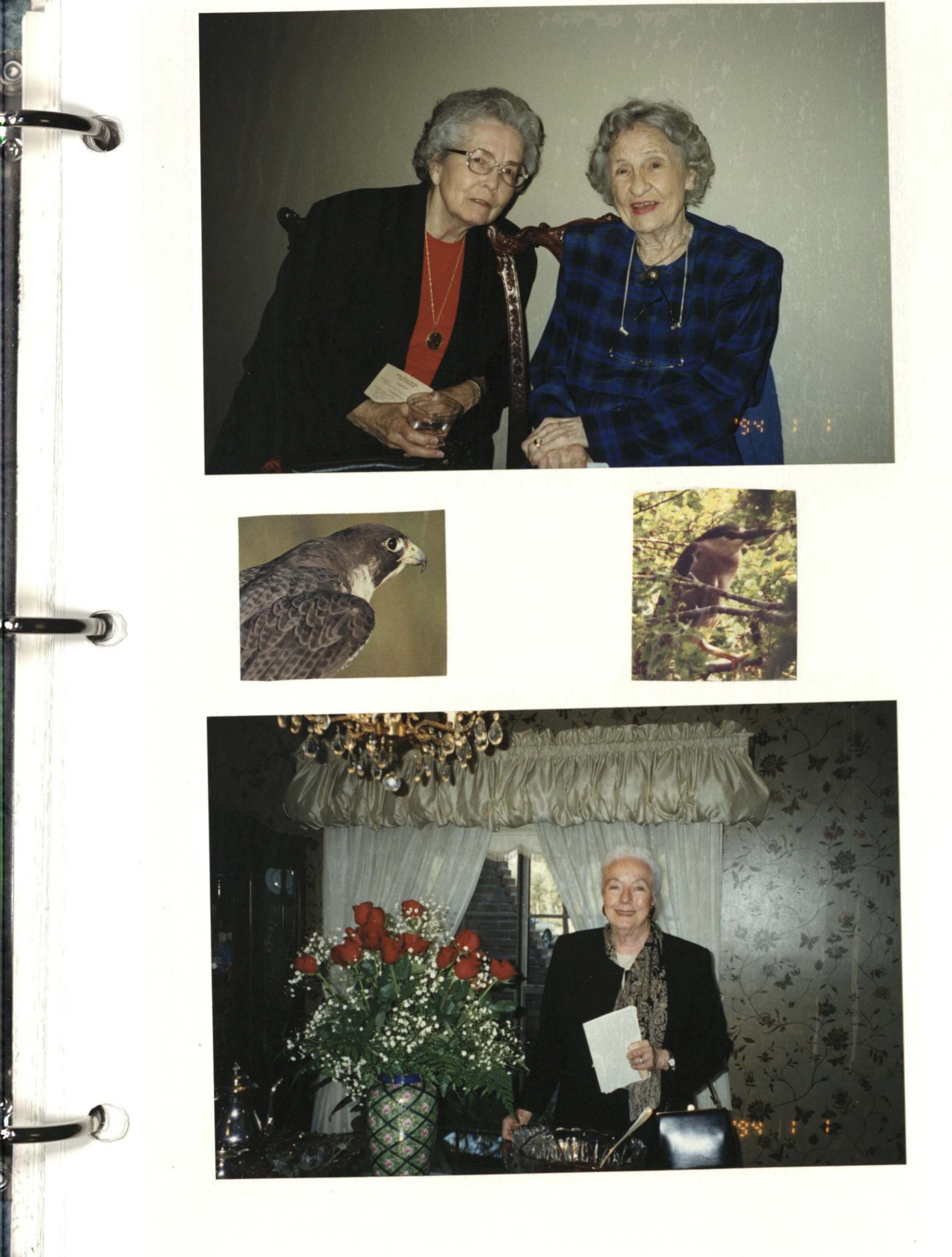


















#### March 8, 2000

ARTICLETNAME

Place...... Ricki Cunningham

all be known as the Kingsville.Garden Club.

Hostesses:

Judy Anthony Susan Aregood Audrey DeRouen Mattie Gaston ARTICLE II OBJECTIVES

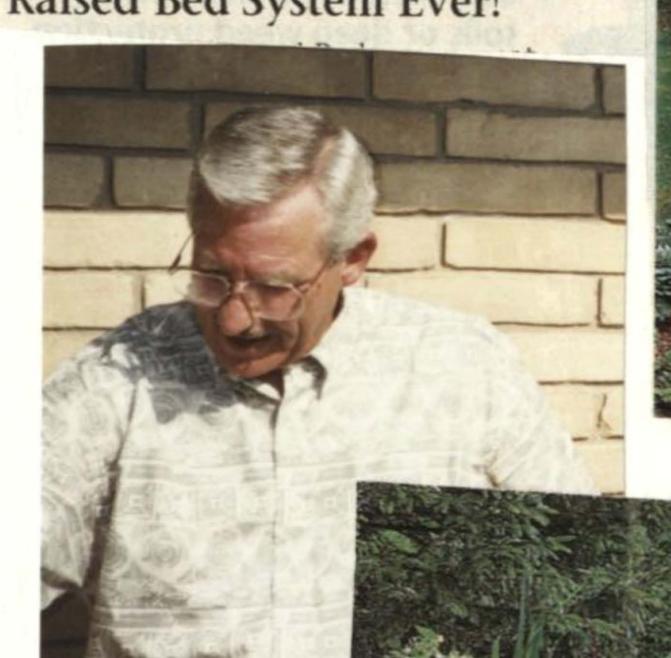
Program:

"Elevated Veggies" Tom Cunningham





The Most Space-Efficient Raised Bed System Ever!





The Fast, Foolproof Way to Build a Raised Bed





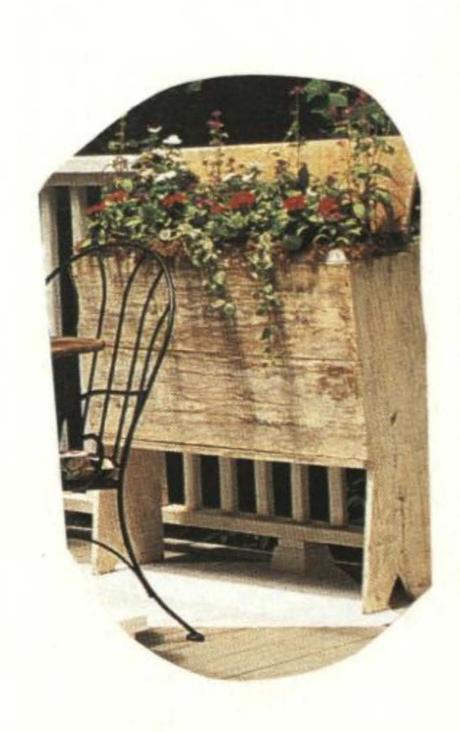






























botanical experience. pecans. as she is indoors.

than 11 years ago with her late husband, Lupe Saldana, the yard was a haven for weeds and not much else.

During those 11 years she has turned her property into a total

Saldana puts anywhere from four to seven, even 11 hours a week into maintaining flowers and trees. She baby's her roses and wages a losing battle chasing squirrels away as they devour a variety of citrus fruit and

"When I put a lot of time in my garden, I don't get my house work done," Saldana laments, but she is just as comfortable outdoors in her garden

"More flowers will bloom in the next month or so and things will look even prettier," Saldana said.

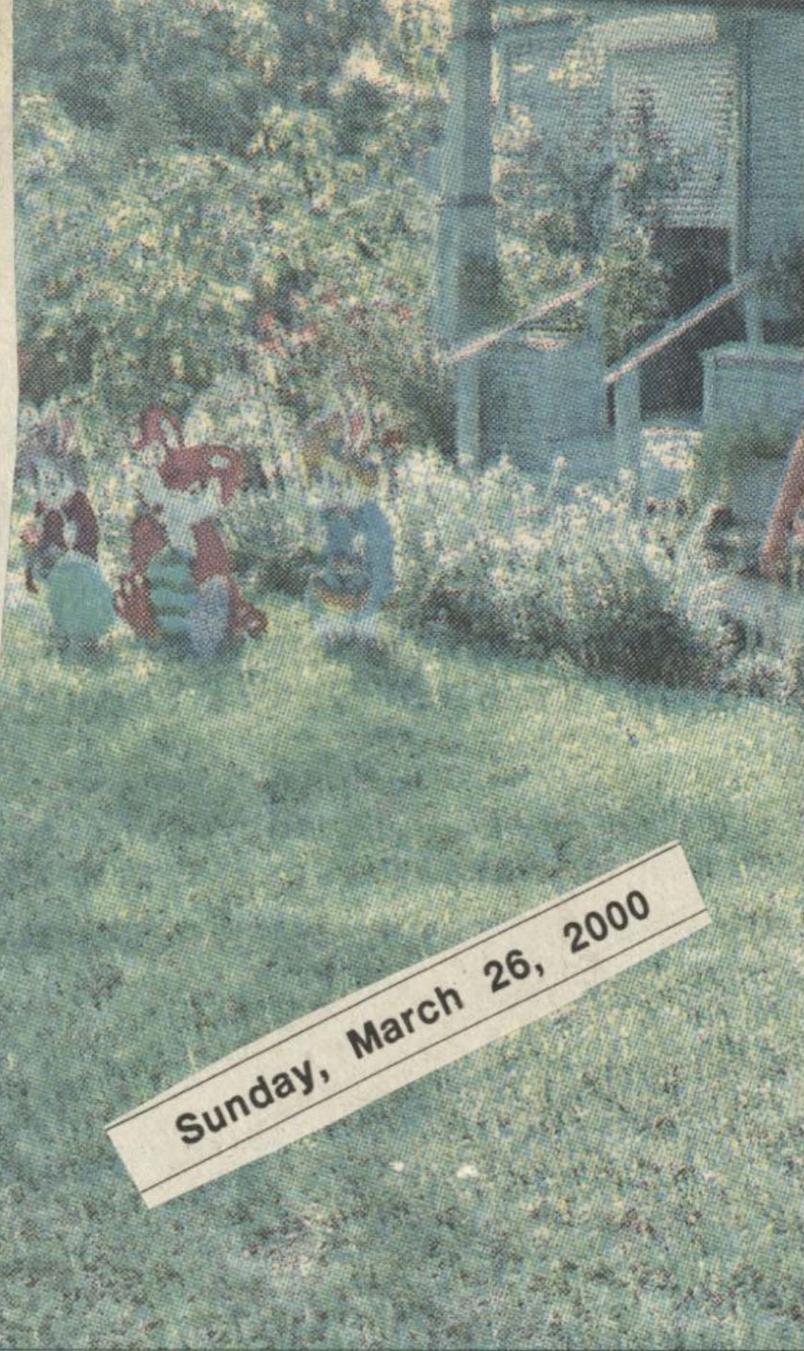
"And, the wind has been rough on the flowers this year," she said.

Saldana is particularly watchful of a rose bush on the northeast corner of her property.

"Someone tried to pull it up and steal it last year, but they couldn't get it up," Saldana said with a smile on her face.

Saldana can't get enough color in her garden. She has added some color cutouts in her front yard just in time for the upcoming Easter holiday.

Yes, Saldana treats her plants very nicely, and they in turn, treat her with a variety of colors and greenery throughout the year.





# rard of the Wonth hon

## home with rainbow of

A rainbow of flowers and enough fruit bearing trees to feed an army along with a whole lot of squirrels describes the home of Adita Saldana, the latest Yard of the Month honoree as chosen by the Kingsville Garden Club.

Put this against a backdrop of well

in the historic residential area of P Kingsville, and it becomes obvious re why Saldana's home at 615 W. Henrietta was recognized.

Whether it's the front yard or the back yard, color is what makes Saldana's property shine.

She is particularly proud of her



### Annual plant exchange set for Saturday

The Kingsville Garden Club will hold its annual free plant exchange from 9 a.m. to 11 a.m. April 8 outside State Bank, 300 E. King.

Many varieties of local plant life will be available.

The public is invited to attend this much-anticipated event, which serves and beautifies the community.

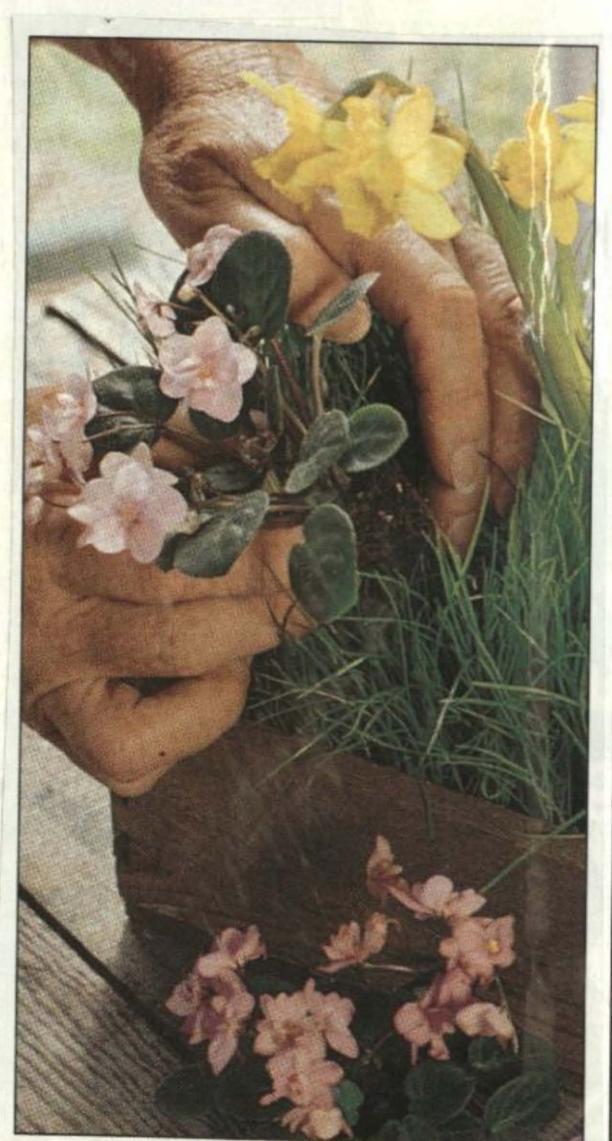
Club member Judy Anthony said, "We are encouraging the public to bring cuttings or plants of their own to exchange, however, this is not necessary to participate."

April 8, 2000

PLANT EXCHANGE

9-11 A.M. .... at State Bank









### April 12, 2000

.. Maggie Fugitt Place.....

Hostesses:

Illa Clement Anna Marie Hope Helen McFarland Helen McFarland
Henny Rhoad

Program:

"Designing Women" Member Floral Arrangements



















#### May 10, 2000

Shirley Jones Pat Kirby .vhol of betimil ed flarts dule ent to girls red en Ann Purcell

Program:

Covered Dish Luncheon









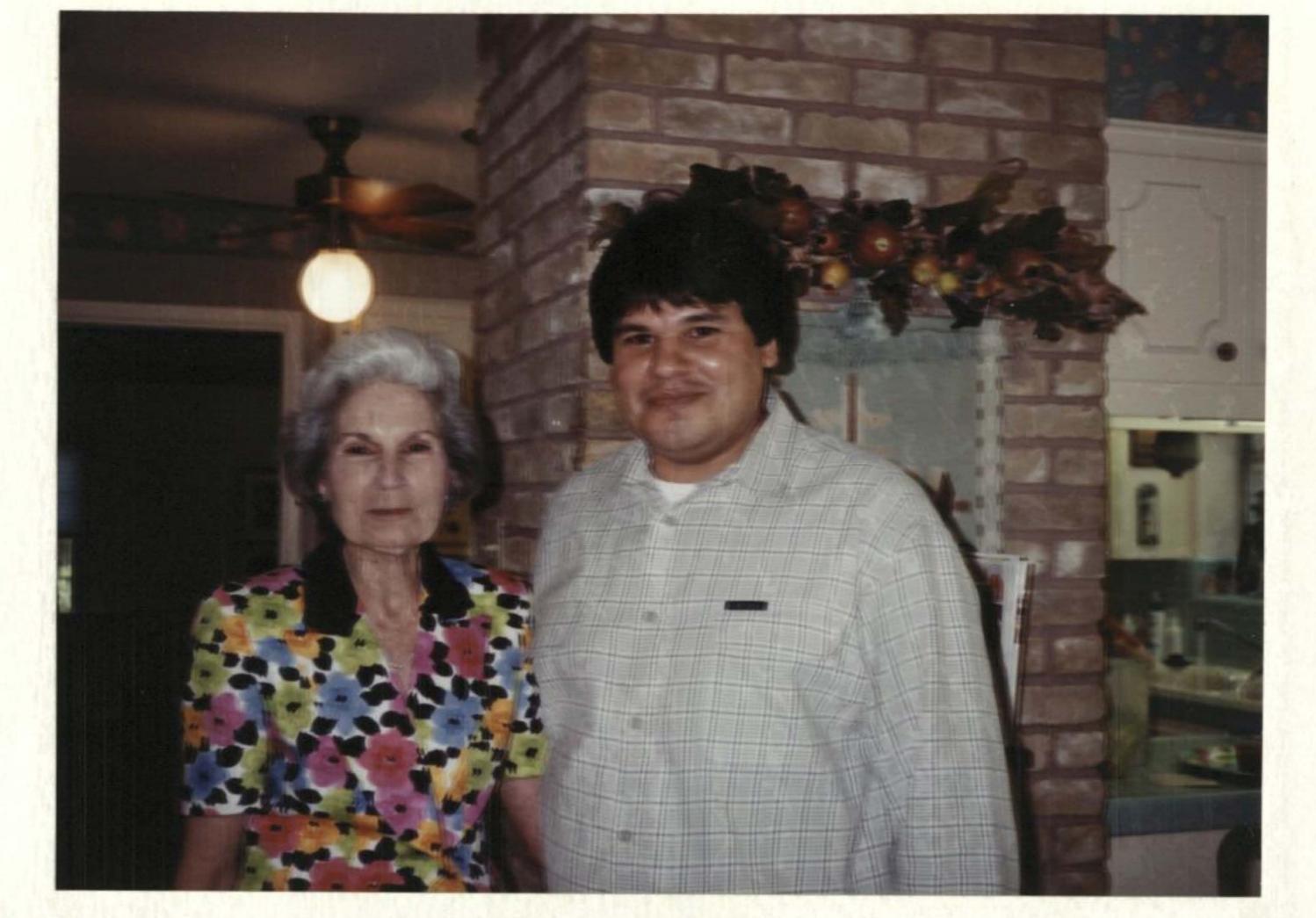
























# Regular yard work helps prevent osteoporosis, researchers find

By Steve Infanti Scripps Howard News Service

Q: My wife says maintaining her garden is great for her mental health. Are there any other health benefits to gardening?

A: Researchers at the University of Arkansas have linked regular yard work to the prevention of osteoporosis, finding that women 50 and older who gardened at least once a week showed higher bone density readings than those who performed other types of exercise, including jogging, swimming, walking and aerobics.

"We hadn't expected yard work to be significant," says Lori Turner, assistant professor of sciences and lead researcher on the project.

"It's taken for such a dainty activity. But there's a lot of weight-bearing motion going on in the garden ... digging holes, pulling weeds, pushing a mower."

An additional benefit of gar-

dening is the fact that it's performed outdoors.

Exposure to sunlight boosts vitamin D production, which aids the body in calcium absorption.

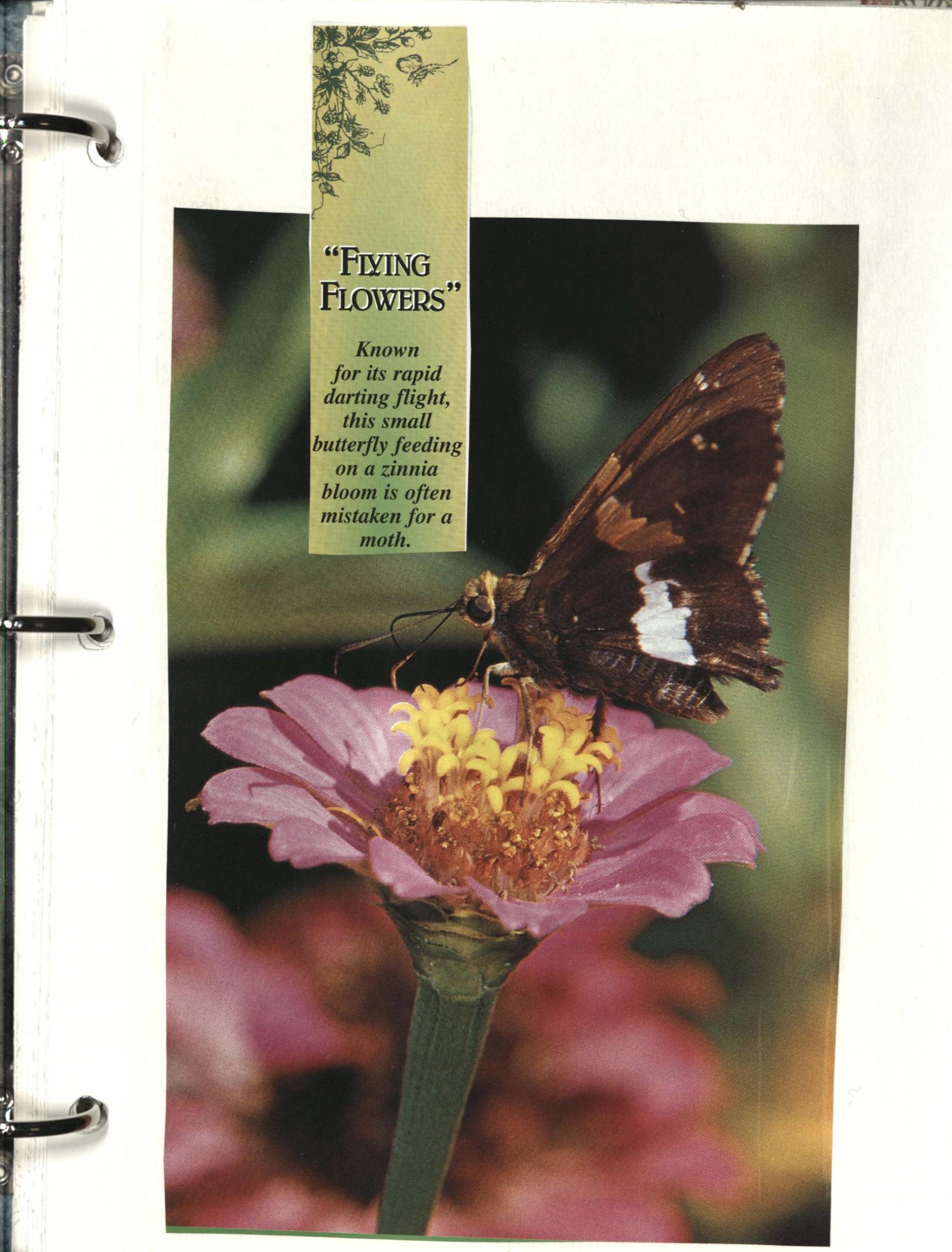
While weight-bearing activity and vitamin D work directly to strengthen women's bones, yard work provides indirect benefits as well.

Of all the activities, yard work proved the most popular, with nearly half of the subjects, or 1,384 women, claiming to garden at least once a week. Such popularity makes it a highly effective preventative measure.

Other studies have shown that jogging helps maintain bone density. But its high-impact nature also carries greater risk of injury, particularly for older women.

Turner considers yard work an ideal activity.

"The best thing about yard work is that so many people are willing to do it. They don't dread it as exercise," she said.





GARDEN CLUB DONATION — The Kingsville Garden Club recently donated beautiful flower arrangements to the Christus Spohn Hospital Kleberg Auxiliary. Pictured are: from left, Pat Yates, Rhoda Glock, Betty Sharer, Ricki Cunningham, Linda Hamilton and Goldia Hubert. The arrangements are available for purchase in the hospital gift shop. Proceeds will benefit auxiliary charities.

## Gardening aids spiritual growth, book says

The hobby can help heal mental wounds, but the thought of it as therapeutic isn't new

Tending the Earth, Mending the Spirit: The Healing Gifts of Gardening, Connie Goldman and Richard Mahler (Hazelden, \$14)

> By MOLLY GUTHREY Knight Ridder Newspapers

When public radio producer Connie Goldman worked on a series about "Late Bloomers" in life, a retired woman she profiled spoke passionately about the emotional power of gardening.

"Gardening on her five acres of land, to be close to the earth, it nourished her spirit so much," Goldman remembers. "She also grew vegetables to give away to people who needed them. That way, she served others as well as herself while gardening."

The woman's story sparked Goldman's interest in the intangible benefits of gardening, as well as another public radio series, "The Wisdom of Gardening." And this year, Goldman and Richard Mahler have co-authored a

new book, "Tending the Earth, Mending the Spirit: The Healing Gifts of Gardening" (Hazelden, \$14).

In the book, gardeners talk about the spiritual and healing aspects of gardening; about why they garden; how working in the garden offers solace in times of grief and provides practical lessons in the cyclical nature of life.

"Most gardeners, when you talk with them, they'll tell you about what's in bloom now, fertilizer they're using, things like that," Goldman says. "But when you ask them why they garden, they do talk about their deeper feelings."

Gardening as therapy is nothing new, says Jeannie Larson, coordinator of Therapeutic Horticulture Services for the Minnesota Landscape Arboretum in Chanhassen. In World War II, Larson says, it was used as a method of therapy for war-weary soldiers.

The American Horticultural Therapy Association says horticultural therapy can help improve everything from self-esteem to problem-solving skills. The therapy has been used in vocational

training facilities, nursing homes and schools. Larson works with a variety of groups, including students of an alternative high school who are dealing with chemical dependency issues.

But, in recent years, the idea that pe unias can perk you up has spread.

"I think the people who are 30, 40 and 45 years old, they are generations of career chasers," Goldman says. "They're always busy, jumping on airplanes, on cell phones, checking e-mails. Life has gotten very complicated. We think nothing of getting on a plane, flying all night to Europe, and working all the next day.

"But we're not meant to operate like that all the time," Goldman says. "Gardening, which used to be thought of as that old lady's hobby or that old guy's hobby — is the No. 1 leisure-time activity, bigger than baseball. I think it's because it helps people see that there is another area to life, where you can nurture yourself ... we need something in our lives more basic than being on the computer or returning 12 phone calls."

May 17, 2000



GARDEN OF THE MONTH—The lush grass and abundantly-flowered yard of Dr. and Mrs. Raul Rosales at 1128 Cypher Ave. was chosen by the Kingsville Garden Club as the Garden of the Month. The retired Kingsville school district superintendent's corner-lot home is surrounded by plush carpet grass that he feeds, waters and cuts high. Accenting and surrounding the home, trees and driveway are several bird of paradise plants, miniature white roses, cosmos, a wild hot chili plant and colorful wild flowers. Rosales said he planted everything on his property and enjoys working in the yard and flower beds at least once or twice a week.

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### The Kingsville Garden Club

Kingsville, Texas



2000-2001



#### Kingsville Garden Club 2000-2001 Programs

**September 13, 2000** 

Place......Eddy Cisneros

Hostesses:

Betty Eshom Mary Margaret Ewert Maggie Fugitt Henny Rhoad

Program:

"Welcome Back"































### October 11, 2000

Place.....Linda Hamilton

Hostesses:

Polly Davis Fran Hegwood Pat Kirby Helen McFarland

Program:

"Civic Pride" Anse Windham John Ford







































#### SILK FLOWER ARRANGEMENT PROJECT

Fall Group- Arrangements for Fall, Halloween, and Thanksgiving to be done Oct

Jean Meyer- hostess

Judy Anthony

Beth Baker

Ricki Cunningham

N

N

P

**Audrey DeRouen** 

Mattie Gaston
Fran Hegwood
Shirley Jones
Pat Lemmons
Ellen Risken



Members may arrange to trade places with other members as needed. Bring a container, silk flowers, floral supplies and tools. Groups may plan meeting time and place, reminder calls, purchasing of supplies and reimbursements if necessary.











November 8, 2000 Signid Compton Place Hosterson Sugan aregood Joan Musch EllenRiskin " Wine Harried and " Princem'









December 13, 2000 Doldia Hubert Place males Beth Baker Helen Man Saybased annal mount Duschan + in the fortheren. (apondak3 Africa) binder Hamelton





nine children. elements, built Despite its elegant furnishings, the Hu

1006,01 general andrey Da Rouen Place? Richi Cunningham) Beerge Henhell ann Marie Hope Sursan Walt Hosteses" Bplender in the Gross" Brown: the married















Spring Group- Arrangements for Valentine's Day and Spring to be done before or by Feb. 2, 2001.

Need volunteer hostess:

Sigrid Compton Polly Davis Linda Hamilton George Henkel Helen Mar Laykasek Helen McFarland Joan Nuesch Henny Rhoad



















### February 15, 2001

Place......Jane Dodds

Note: Meeting on Thursday

Hostesses:

Judy Anthony
Illa Clement
Melinda Clement
Barbara Kelley

Program:

"The Local Dirt" Michael Rhoads



Michael Rhoads
Keep 9t Green
Lawn & Garden Services
313 Paloma St.
Corpus Christi, TX 78412
361-992-9562

Texas Association of Nurserymen Certified Nursery Professional Pesticide Applicator TDA # 195946



Host of the South Texas Garden Show Saturday Mornings 6 to 9 am on 1440 KEYS







### MIKE RHOADS

92.7 K-Bay Morning Show Host

P.O. Box 9757 Corpus Christi, Texas 78469 KEYS (361) 882-7411 • FAX (361) 882-9767 • KZFM/KKBA (361) 883-3516













# WE'RE GETTING YOUNGER EVERY DAY

The typical garden consumer has knocked years off his (or her) age, according to a recent poll







Bark nuggets Very slow to break down; weed-free. Doesn't hold its place well on slopes.

Shredded bark Easy to apply; slow areas, to decay. Weed-free. For plant areas, to decay. Weed-free bark.

-

couple of inches of organic mulch can spread a lot of appiness in the garden. It cuts down 1 watering, prevents erosion, insulates roots from extreme temperatures, and minimizes heaving from alternate freezing and thawing. A good mulch not only improves the quality of the soil but can also reduce your weed population. The best for flower beds and vegetable gardens are those that decay quickly, although they will need to be replenished every year. Others—especially those made from bark or wood—rot very slowly and are best used on paths or around trees and shrubs.

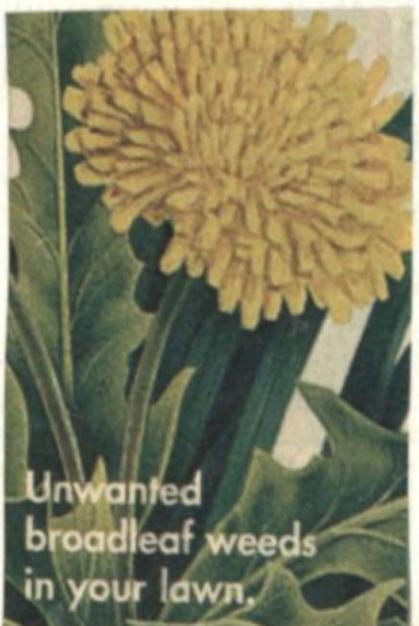
Shredded leaves An excellent soil weed-free.

Shredded leaves An excellent soil

Brain seeds; often difficult to spread or around small plants. Rather fast decay.

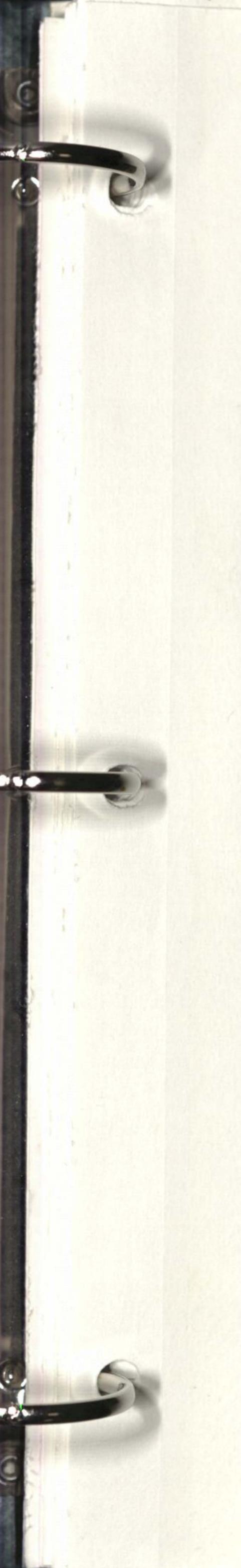






Kill annoying lawn weeds without harming your lawn.

















**Honorary Members** 

Mrs. Richard McCollum (Rosie)

Mrs. John L. Morrow (Cheryl)



### March 14, 2001

Place..... Ann Retherford Purcell

shall be known as the Kingsville Garden Club.

Hostesses:

Mattie Gaston Vivian Sheffey Patsy Stewart

Program:

"Taming the Tropicals" Michael Womack





























### Garden club sets date for annual plant exchange

The Kingsville Garden Club will hold its annual plant exchange from 9 a.m. to 11 a.m. April 7 outside the State Bank Building, in the parking area on King Avenue.

Many varieties of local plant life

will be available at no cost.

The public is encouraged to attend and share with others those plants and cuttings brought from home.

"It's not a requirement to bring plants to the exchange, but it is help-

ful and adds variety to the event," said Judy Anthony of the Kingsville Garden Club.

Several plants may be taken home but are to be for personal use only and not to be used for resale.

### Midweek Edition



## Plant exchange is Saturday

The Kingsville Garden Club will hold its annual plant exchange from 9 a.m. to 11 a.m. Saturday at the State Bank parking lot, 300 King Ave.

Many varieties of local plant life will be available and there is no cost involved.

The public is encouraged to attend and share with others those plants and cuttings brought from home.

It is not a requirement to bring plants to the exchange but it is helpful and adds variety to the event.



Kingsville Garden Club's
Annual Plant Exchange
Saturday, April 7
9 a.m. to 11 a.m.
outside State Bank Building on

King Avenue

Many varieties of local plant life will be available & no cost is involved.

The public is encouraged to attend and share with others those plants and cuttings brought from home. (For personal use and not for resale.)

April 7, 2001

PLANT EXCHANGE

9-11 A.M.....at State Bank



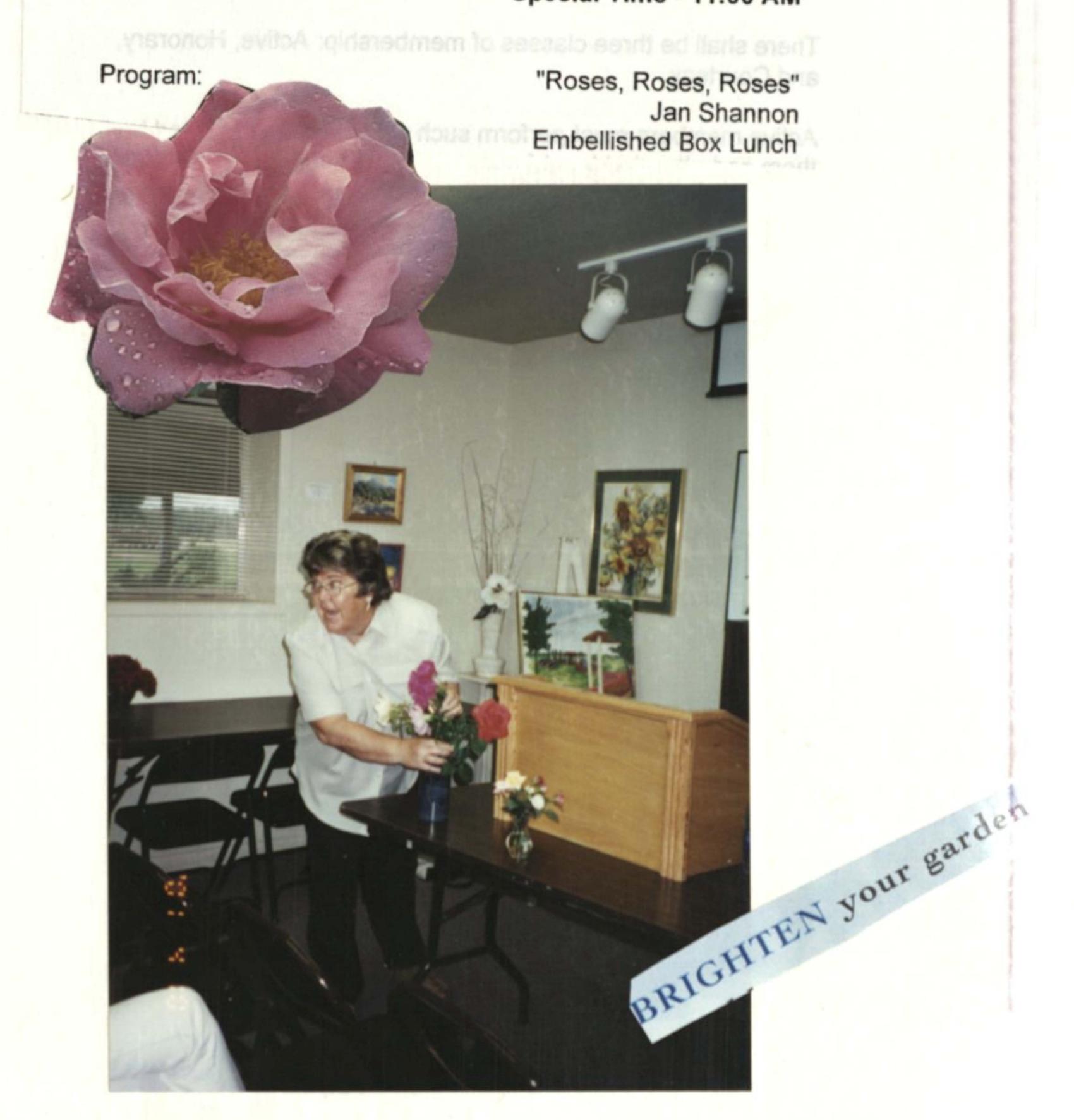
Kingsville Record, Apr. 15, 2001,



Fugitt, Faye Robins and Pat

Yates.

April 11, 2001 Place..... Corpus Christi Botanical Gardens Special Time - 11:00 AM













romantic rose blooms

## Romancing the Rose



# Follow these tips for a beautiful rose garden

Soil should be well-drained, with full sun at least 8 hours daily. Dig hole 18" deep and 18" wide. Plant no deeper than in the container. Mix in peat moss, composted manure, 1/2 cup bone meal. Water as needed

Fertilize monthly in season with a balanrose feed. Mulch year-round with leaves bark and woodchips.

Use KGRO® Rose & Flower Insect Killer for insect control on roses.





4-19-2001







## May 9, 2001

Place...... Lorell Ryan

Hostesses:

Sheila Harris Shirley Jones

Program:

Pat Lemmons

Jean Meyer

Covered Dish Luncheon 12 o'clock noon Installation of New Officers



















Gene



Trotallation by Ricki of





Kingsville Record, May 23, 2001



GARDEN OF THE MONTH — Jesse and Mona Carrales' yard was awarded Garden of the Month by Kingsville and Agarita garden clubs. One of the reasons this South Creek home and garden was chosen was because a goose is nesting in their flowerbed. Mona says her husband Jesse does all the work on the garden, which includes healthy red hibiscus, jasmine, many plants and a beautiful thick green lawn.

## Spring Flower Workshop.









